

AUTHENTIC LEBANESE CUISINE SINCE 2013



**DURHAM - YARM - SUNDERLAND - YORK
EAT IN - TAKEAWAY - DELIVERY
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Lebanese cuisine is not traditionally spicy, but should you wish to have your meal 'spiced up' let us know.

Please speak to a member of the staff if you suffer from any allergies or have any dietary requirements



Gluten-free options are charged at £2.00.

Tahini is sesame seeds paste.

Cold starters

Gluten-free options available

HUMMUS 5.50

Cooked chickpeas blended with tahini, lemon juice and olive oil. Served with Lebanese bread.



SPICY HUMMUS 5.50

Cooked chickpeas with peppers, parsley, tahini, olive oil and lemon juice. Served with Lebanese bread.

BABA GHANOUSH 5.50

Grilled aubergines finely chopped with tahini, olive oil and garlic. Served with Lebanese bread.



WARAKINAB 6.00

Vine leaves filled with tomatoes, rice, parsley and mint, slowly cooked with fresh lemon and olive oil.

TABBOULEH 6.95

Parsley salad with tomato, fresh mint, onions, cracked wheat, lemon juice and olive oil dressing.



FATTOUSH 6.00

Lettuce, tomato, cucumber, mint and onion salad, topped with toasted Lebanese bread and olive oil.



LABNEH 6.00

Lebanese cream cheese topped with mint and cucumber. Served with Lebanese bread.



LEBANEAT MIXED STARTER 8.75

Gluten-Free/Vegan options available

Have a taste of a selection of 8 different Lebanese hot and cold starters that will blow you away: **Hummus, Moutabal Baba Ghanoush, Warak Inab, Tabbouleh, Labneh, Falafel, Batata Harra** and **Jebne Halloumi**. Served with garlic sauce and warm Lebanese bread.

New additions

Gluten-Free options available



JAMBIRI 9.95

King prawns cooked with coriander, garlic, peppers, olive oil and lemon juice. Served with garlic sauce.



Soups

SHORTBET DJAJ 7.95

Freshly made chicken and noodle soup. Served with toasted Lebanese bread.

LENTIL SOUP 7.95

Freshly selected lentil soup, seasoned with cumin and olive oil. Served with toasted Lebanese bread.

Hot Starters

Gluten-free options available



HUMMUS SHAWARMA 6.95

Chickpeas with sesame paste, lemon juice topped with sliced chicken. Served with Lebanese bread.



CHICKEN LIVER 6.95

Chicken liver cooked with olive oil, onion, coriander, garlic and lemon juice. Served with Lebanese bread.



KIBBEH SHAMIYEH 6.95

Deep fried lamb meatballs mixed with cracked wheat and onions, filled with sautéed mince meat and onion.



JAWANEH 6.95

Grilled chicken wings. Served with garlic sauce.



SAMBOUSEK LAMB 6.95

Deep fried Lebanese pastry stuffed with minced lamb, mixed peppers, parsley, and onion. Served with tahini sauce.



ARAYES 6.95

Grilled Lebanese bread filled with seasoned minced lamb, onions, mixed peppers, parsley. Served with tahini sauce.



BAMIEH B'ZEIT 6.95

Okra cooked with tomato, onion, fresh coriander and olive oil. Served with Lebanese bread.



FALAFEL 5.95

Deep fried chickpeas and fine herb croquettes. Served with tahini sauce and Lebanese bread.



BATATA HARRA 6.95

Roasted potatoes cooked with peppers, chilli, garlic and coriander. Served with garlic sauce and Lebanese bread.



JEBNE HALLOUMI 6.95

Grilled Halloumi with garlic sauce and Lebanese bread.



SAMBOUSEK CHEESE 6.95

Deep fried Lebanese pastry stuffed with feta and mozzarella cheese, nigella seeds, dry mint and parsley. Served with garlic sauce.



KALLAJ 6.95

Grilled Lebanese bread filled with halloumi and mozzarella cheese, mint and nigella seeds. Served with garlic sauce.

Fish Dishes & Salads

Served with seasoned chips, Lebanese mixed salad, Vermicelli rice or spicy baked potatoes.

NEW! GRILLED SALMON 19.95

Chargrilled salmon fillet seasoned with garlic and pomegranate. Served with grilled vegetables.

GRILLED SEA BASS 19.95

Chargrilled sea bass seasoned with garlic and pomegranate. Served with grilled vegetables.

GRILLED KING PRAWNS 19.95

Chargrilled king prawns in garlic and butter sauce. Served with grilled vegetables.

MIXED SEAFOOD 26.95

Sea bass, king prawns and salmon. Served with garlic sauce and grilled vegetables.

GARLIC BREAD 5.95

With tomato 5.95  With cheese 5.95 

LEBANESE SALAD 5.00

Lettuce, tomato, cucumber, parsley, mint, onion, radish, fine spices with lemon juice and olive oil.

SPICY SALAD 5.00

Lettuce, tomato, cucumber, parsley, mint, onion, radish, and chopped green chilli.



Main Dishes

Gluten-free options available

Choose your side: seasoned chips, vermicelli rice or Lebanese mixed salad.

LAHEM MESHWI 20.85

Chargrilled skewers of tender lamb cubes. Served with tahini sauce and seasoned grilled vegetables.

SHISH TAOUK 15.95

Chargrilled skewers of marinated chicken cubes. Served with garlic sauce and grilled vegetables.

KOFTA MESHWI 15.95

Chargrilled skewers of seasoned minced lamb with onion, mixed peppers and parsley. Served with tahini sauce and grilled vegetables.

KOFTA CHICKEN 14.95

Chargrilled skewers of seasoned minced chicken with onion, mixed peppers and coriander. Served with garlic sauce and grilled vegetables.

KOFTA MIXED 15.95

Chargrilled skewers of minced lamb, chicken with onion, mixed peppers, coriander, parsley, grilled vegetables and garlic or tahini sauce.

MIXED GRILL 21.95

Chargrilled skewers of seasoned lamb kofta, chicken cubes, lamb cubes, chicken wings. Served with grilled vegetables and garlic or tahini sauce.

LEBANEAT MIXED GRILL 26.95

Chargrilled skewers of seasoned lamb kofta, chicken kofta, chicken cubes, lamb cubes, chicken wings and shawarma chicken. Served with grilled vegetables and a sauce of your choice.

LAMB CHOPS 18.95

Try our spectacularly succulent chargrilled lamb chops. Served with grilled vegetables and sauces.

QOZY LAMB 19.95

Tender braised lamb on the bone. Served with vermicelli rice, Lebanese mixed salad and tahini sauce.

BAMIEH 12.95

Okra cooked in tomato, olive oil and garlic sauce. Served with vermicelli rice.


BAMIEH BI'LAHM 15.95

Okra cooked in tomato olive oil and garlic sauce with lamb. Served with vermicelli rice.


SHAWARMA CHICKEN 13.95

Roasted thin slices of marinated chicken. Served with Lebanese bread and garlic sauce.


MOUSSAKA 12.95

Baked sautéed aubergines with tomatoes, onions, chickpeas, peppers, potatoes and courgettes. Served with mixed salad, cucumber salad  and Lebanese bread.

FOUL MOUDAMAS 11.95

Boiled broad beans cooked in tomato sauce, seasoned with garlic, lemon juice and olive oil. Served with cucumber salad , tahini sauce and bread.

BARYANI

Mixed peppers and onions mixed with rice. Served with cucumber 

CHICKEN 15.95


LAMB 16.95

PRAWN 17.95 **VEGETABLE** 13.95 

New additions

COUSCOUS

Lamb, chicken or vegetable couscous, seasoned with exotic Moroccan spices.

CHICKEN 14.95 **LAMB** 15.95 **VEGETARIAN** 12.95 

SHAWARMA LAMB 16.95

Roasted thin slices of marinated prime lamb, served with tahini sauce, Lebanese bread and your choice of side.

MIXED SHAWARMA 15.95

Roasted thin slices of marinated prime lamb & chicken, served with Lebanese bread, garlic or tahini sauce and your choice of side.

HALF CHICKEN 12.95

SHAWAYA

New at Lebaneat... A half chicken, marinated in our Lebaneat seasonings, slowly cooked on the rotisserie. The perfect evening meal, served with rice, grilled vegetables and garlic & chilli sauce.



Lebaneat Mixed Platter

Gluten-free, vegan and vegetarian options available

All of our mixed platters are served with Lebanese mixed salad, rice, chips, warm Lebanese bread and homemade sauces.

INDULGE IN A VARIETY OF UNIQUE LEBANESE FLAVOURS THAT WILL EXCITE YOUR TASTE BUDS

You will be served a selection of starters and grills, including:

Hummus, Baba Ghanoush, Labneh, Tabbouleh, Batata Harra, Warak Inab, Falafel, Jebne Halloumi, Shish Taouk, Chicken and Lamb Kofta, Lamb chops, Chicken wings and Shawarma Chicken

£25.00 PER PERSON

Our platters are created for sharing and based on a minimum of 2 people. For more information, please do not hesitate to ask a member of our staff.



Sides

Suitable for vegetarians

HOMEMADE TAHINI SAUCE 2.00	LEBANESE BREAD 1.00
HOMEMADE CHILLI SAUCE 1.50	HOMEMADE GARLIC SAUCE 1.50
	VERMICELLI RICE 4.20
	SEASONED CHIPS 3.95
	MIXED MEDITERRANEAN PICKLES 4.00
	MIXED MEDITERRANEAN OLIVES 5.00

Wraps

Choose your side: seasoned chips, vermicelli rice or Lebanese mixed salad.

CHICKEN SHAWARMA WRAP 10.95

Roasted thin slices of marinated chicken with Mediterranean flavour, with salad and garlic sauce.

KOFTA LAMB WRAP 11.95

Chargrilled skewers of seasoned minced lamb with onion and parsley, with salad and tahini sauce.

KOFTA CHICKEN WRAP 10.95

Chargrilled skewers of seasoned minced chicken with onion and coriander, with salad and garlic sauce.

MIXED KOFTA WRAP 11.95

Chargrilled skewers of seasoned minced chicken and lamb, with onion, coriander, parsley, with salad and garlic or tahini sauce.

SHISH TAOUK WRAP 11.95

Chargrilled skewers of seasoned chicken cubes, with salad and garlic sauce.

SPICY LEBANEAT WRAP 11.95

Roasted thin slices of marinated chicken, hummus, roasted potatoes with chillies, peppers, garlic and coriander, with garlic and chilli sauce.

HALLOUMI WRAP 9.95

Grilled halloumi cheese, with salad and garlic sauce.

FALAFEL WRAP 9.95

Deep fried chickpeas and fine herb croquettes, with salad and tahini sauce.

HALLOUMI & FALAFEL WRAP 9.95

Grilled halloumi cheese, deep fried chickpeas and fine croquettes, with salad and tahini or garlic sauce.


LEBANEAT SPECIAL WRAP 9.95


Grilled halloumi cheese, deep fried chickpeas, fine croquettes, fried aubergine, hummus, and garlic or tahini sauce.

VEGAN SPICY WRAP 10.95


Baked aubergines with tomatoes, onion, chickpeas, peppers and courgettes, roasted chilli potatoes and hummus.


PERSONALISE YOUR WRAP +2.00

Halloumi 

Hummus 

Baba Ghanoush 

Tabbouleh 

Grilled Vegetables 

Batata Harra 

Lunch Menu

Every day 12:00 - 17:00

Cold starters

HUMMUS 5.00

Cooked chickpeas blended with tahini (sesame paste), lemon juice and olive oil.

BABA GHANOUSH 5.00

Grilled aubergines finely chopped with tahini, olive oil and garlic. Served with Lebanese bread.

TABBOULEH 5.00

Parsley salad with tomatoes, fresh mint, onions, cracked wheat, lemon juice and olive oil dressing.

Salad

LEBANESE

MIXED SALAD 5.00

Lettuce, tomato, cucumber, parsley, mint, onion, radish, Lebanese spices with lemon juice and olive oil.

Starter & Main

Chargrilled mains served with chips, rice or salad.

SET 13.95

SHISH TAOUK 11.95

Chargrilled skewers of marinated chicken cubes. Served with garlic sauce and grilled vegetables.

KOFTA CHICKEN 11.95

Chargrilled skewers of seasoned minced chicken with onion, coriander and garlic sauce.

KOFTA MESHWI 11.95

Chargrilled skewers of seasoned minced lamb with onion and parsley. Served with tahini sauce.

BAMIEH 11.95

Okra cooked in tomato, olive oil and garlic. Served with vermicelli rice.


BAMIEH BI'LAHM 11.95

Okra with lamb cooked in tomato sauce, olive oil and garlic. Served with vermicelli rice.

SHAWARMA CHICKEN 11.95

Roasted thin slices of marinated prime chicken breast. Served with garlic sauce and bread.

NEW! COUSCOUS 11.95

Lebanese recipe. Veg  / Chicken / Lamb

Hot starters

HUMMUS SHAWARMA 5.00

Chickpeas with sesame paste, lemon juice and olive oil, topped with sliced chicken.

FALAFEL 5.00

Deep fried chickpeas and fine herb croquettes. Served with tahini sauce and Lebanese bread.

BATATA HARRA 5.00

Roasted potatoes cooked with peppers, chillies, garlic and coriander. Served with bread.

JEBNE HALLOUMI 5.00

Grilled halloumi cheese, with garlic and bread.

SAMBOUSEK CHEESE 5.00

Deep fried Lebanese pastry stuffed with feta cheese and parsley. Served with garlic sauce.

GARLIC BREAD 5.00

Plain  Cheese  Tomato 

Starter & Wrap

Served with chips, rice or salad.

SET 11.95

CHICKEN SHAWARMA WRAP 7.95

Roasted thin slices of marinated chicken with Mediterranean flavour, with salad and garlic sauce.

KOFTA LAMB WRAP 7.95

Chargrilled skewers of seasoned minced lamb with onion and parsley, with salad and tahini sauce.

KOFTA CHICKEN WRAP 7.95

Chargrilled skewers of seasoned minced chicken with onion and coriander, with salad and garlic sauce.

SHISH TAOUK WRAP 7.95

Chargrilled skewers of seasoned chicken cubes, with salad and garlic sauce.

HALLOUMI WRAP 7.95

Grilled halloumi cheese, with salad and garlic sauce.

FALAFEL WRAP 7.95

Deep fried chickpeas and fine herb croquettes, with salad and tahini or garlic sauce.

HALLOUMI & FALAFEL WRAP 7.95

Grilled halloumi cheese, deep fried chickpeas and fine croquettes, with salad and tahini or garlic sauce.

Pizzas

MARGHERITA 6.95 
Tomato and cheese.

PEPPERONI 6.95
Pepperoni, tomato and cheese.